

Doncaster Health and Wellbeing Board

Wellbeing Strategy update – Proposed Wellbeing Support and Education Provider Collaborative

1. Context

This paper updates the Wellbeing Strategy (August 2013) of Rotherham Doncaster and South Humber NHS Foundation Trust and outlines proposals for a collaborative of wellbeing and recovery support and education providers across Doncaster, to create a single point of access for these services.

2. Drivers for a collaborative model

The proposal for a collaborative is derived from a number of key drivers:

- The 'recovery approach', as outlined in the Strategy, emphasises the benefits of working with people's holistic needs and the enhancement of wellbeing. This approach is increasingly seen as a priority within national guidance and commissioner intentions, across a wide range of health and social care services
- The 'recovery college' model reframes treatment approaches and therapeutic group work as adult education. The transition from patient/service user to student and the focus on learning new skills, as opposed to being a passive recipient of treatment, is empowering and offers greater potential for personal development for participants. Additional benefits are derived from working with other students, developing peer support relationships and the promotion of opportunities to undertake further learning
- The recovery college concept has principally been developed within adult mental health services but there is scope to develop this model as a universal offer to any local community in respect of wellbeing education and support
- Wellbeing education and support is currently provided in Doncaster by a number of different agencies, funded and commissioned through different routes and with varying levels of entitlement to access such services. These services can be difficult to find or to access and tend to be under-utilised
- Statutory health and social care services have not yet fully adopted ways of working aligned to the recovery approach and do not maximise the wellbeing education and support services currently available

3. Outline of the proposed collaborative

Initial discussions have taken place between Doncaster Rovers Foundation; Doncaster MBC Adult, Family and Community Learning; Doncaster CCG; Doncaster PFG (People Focussed Group) and RDaSH. The early thoughts from these discussions have been that this collaborative approach could feature:

- An on-line and/or telephone single point of contact for all wellbeing support and education currently on offer within the Doncaster area
- An initial triage function, through this 'one-stop shop', to direct potential participants to the best opportunity to meet their needs. Advice could also be given to health and social care workers on the opportunities available
- The potential to have a shop front, town centre site to help promote the services and to provide easy access for potential participants that might prefer an exploratory face to face discussion or for those who don't have easy access to the internet
- The establishment of this collaborative could act as a catalyst for the development of further wellbeing support and education opportunities

4. Next steps

A workshop is planned, for the morning of 22 May 2014 at the Keepmoat Stadium, of potential partners and key stakeholders to further develop these ideas and to agree an action plan for the establishment of the collaborative.

Ian Jerams

Transformation Director

23 April 2014